Course information (All courses are taught in English)

Courses	Hours	Fall (Sep-Jan)	Spring (Feb-Jun)
Chinese martial arts	108	•	•
Mountaineering and canyoneering	108	•	•
Special topics in Chinese martial arts	36	•	
Molecular biology in sport	54	•	
Sport Ethics	54	•	
Nutrition and sport performance	54		•
Human behavior psychology	54		•
Strength and conditioning training	36		•
Introduction to Taiwanese culture	54	•	•

Additional courses in sport broadcasting, dance, and other sport-related fields may be arranged depending on the agreement between NTUS and home institutions.

International students can participate in Iron Camel, a 16-day 1100-km cycling tour around Taiwan, or a 3-km swim across the world-famous Sun Moon Lake to immerse themselves in nature and culture.

Chinese language classes

NTUS offers tutoring classes for Chinese language for international students with various ability and mother tongue. A buddy system is available to facilitate the transition to the academic and everyday life in Taiwan.

Eligibility

Applicants must be officially nominated by their home institution with whom NTUS has an official exchange student agreement.

Application

Application materials shall be received by NTUS during the following periods. Please contact the International Office in your home institution for the detailed procedure.

March 1 – April 15 for Fall semester

October 1 – November 15 for Spring semester

Estimated cost per semester

Exchange students only pay tuition to their home institutions.

On campus housing	6,500 NT	
Health Insurance	8,000 NT	
Books and supplies	5,500 NT	
Personal expense	30,000 NT	
Total	50,000 NT	



Explore Taiwan through Physical Activity



2020-21

International

Student Exchange Programs at National Taiwan University of Sport

Why National Taiwan University of Sport

Excellent location

National Taiwan University of Sport (NTUS) is the oldest sport university in Taiwan, a beautiful island with magnificent natural resources and rich cultural heritage. This compact yet ambitious university is conveniently located in downtown Taichung, the most liveable city in Taiwan. NTUS is looking to expand from the current base of approximately 150 overseas students to create an international learning environment.

Excellence in sport

NTUS has produced numerous medalists in international competitions, as well as leaders in sport organizations, sport industry, and physical education. With 29 intercollegiate teams and many intramural clubs, sport lovers will easily find a team to which they belong.

Student exchange programs

Chinese martial arts

Chinese martial arts are developed from the traditional survival skills of self-defense, haunting, and military training. For centuries, Chinese martial arts have become an integral part of Chinese heritage after embodying the values of combat techniques, cultural experience, morality, health, and aesthetic. With the philosophy that emphasizes on body, mind, and nature as one, martial arts are among the best ways to experience the Chinese culture and wisdom. NTUS provides a unique opportunity for international students to combine philosophy, sociology, education , biomechanics, and exercise physiology of Chinese martial arts of different schools, such as Shaolin and Wudang. NTUS also has international award-winning teams of dragon and lion dance, a distinctive mix of Chinese and Taiwanese culture, which can offer a once-in-a-life-time experience.







Mountaineering and canyoneering

Taiwan is known for its towering mountains with more than 260 peaks over 3000 m (9842 ft). Among them, Mt. Jade (Yushan, 3,952 m or 12965 ft) is one of the highest peaks in east Asia. Such unique landscape creates 9 national parks. The world-famous Taroko National Park is known for its lofty canyons. Yushan National Park is known for the ecological and anthropological resources. Yangmingshan National Park is famous for its volcanic land-scapes. The combination of steep mountainsides and year-round rainfall make Taiwan one of the best places in all of Asia for canyoneering. NTUS provides classes of hands-on training of mountaineering and canyoneering. International students can learn the techniques and safety measures while discovering the breath-taking beauty of Taiwan.